Resources for the State of Massachusetts

Mass.gov

<u>Unemployment-</u> <u>https://www.mass.gov/applying-for-unemployment-benefits</u>

<u>DTA Connect:</u> The Department of Transitional Assistance (DTA) assists and empowers low-income individuals and families to meet their basic needs, improve their quality of life, and achieve long term economic self-sufficiency. DTA serves one in nine residents of the Commonwealth with direct economic assistance (cash benefits) and food assistance (SNAP benefits), as well as workforce training opportunities. https://www.mass.gov/orgs/department-of-transitional-assistance

<u>WIC</u>- for any mother (single or married) that has children 5 years old or younger https://www.mass.gov/orgs/women-infants-children-nutrition-program

Mass 211 – Call 211 or go to https://mass211.org to find out about resources in your area. The website says call volume is high so using the website might get you answers more quickly.

Emergency Funds:

<u>United Way Covid-19 Family Fund:</u> One time grants of up to \$2000 will be made to help families impacted by the COVID-19 crisis meet their basic food, childcare or housing needs: https://unitedwaymassbay.org/get-involved/covid-19-family-fund

Online AA Meetings Directory

https://aa-intergroup.org/directory.php

https://www.intherooms.com/home/

Mental Health Support

National Suicide Prevention Hotline: 1-800-273-8255

Call2Talk: 1-508-532-2255 or Text C2T to 741741

Samariteens: 800-252-TEEN (8336)

Advocates: 1-800-640-5432

Technology:

Comcast Internet Essentials: https://www.internetessentials.com/covid19 provides 2 free months of internet access for low-income families. Applications due 4/30/20 (as of 3/17/20)

Supplemental Food Support/Resources in Lowell:

- · Central Food Ministry: http://cfministry.org/home
- The Open Pantry of Greater Lowell: http://www.theopenpantry.org
- Catholic Charities: https://www.ccab.org
- Fusion Church: http://www.fusionlowell.org/the-food-pantry
- Salvation Army: https://massachusetts.salvationarmy.org/MA/Lowell
- Boys and Girls Club of Greater Lowell 657 Middlesex Street | Lowell, Massachusetts 01851, Phone: 978-458-4526, Grab and Go Dinner 4-5pm.

Resources by Town

ACTON/BOXBOROUGH

Family Resource Supports During Coronavirus Closure

While schools are closed, families may find they need assistance from community agencies. Both Acton and Boxborough have Community Services Coordinators who can connect you with supports:

Acton:

Laura Ducharme 978-929-6651 | ducharme@acton-ma.gov

Boxborough:

Lauren Abraham 978-264-1734 labraham@boxborough-ma.gov

If you need Food/Meals:

- Call the **A-B Food Pantry**: 978-635-9295
- ABRSD will offer **bag lunches** to families weekdays for pick-up outside the main entrance to the High School. Pick up time will be from 11:30am-1:00pm. Individuals picking up bag lunches should not enter the school and practice appropriate social distancing measures.
- Need a bag lunch delivered? Email <u>abqualifiedlunch@neighborbrigade.org</u> or call **(866) 896-3599** to reach a voicemail where you can leave your first and last name, address, phone, and how many people live in your home

If you need <u>Medical Attention</u> or <u>Answers to Health Questions</u>

- Call your primary care physician or
- Take your child to a local urgent care
 - Acton Urgent Care: 100 Powdermill Road, Acton, (978) 637-2320
 - Littleton Urgent Care: 830 Constitution Ave, Littleton, (978) 287-8990 or
- Take your child to the emergency room
 - Emerson Hospital: 133 Old Rd to Nine Acre Corner, Concord

CHELMSFORD

Food Support for Students:

Our school nutrition services staff has developed essential services for students experiencing food scarcity and food insecurity to have access to a food station (during this closure) that will comply with social isolation expectations but allow kids to eat. Beginning Wednesday March 18, 2020, between the hours of 4:30 p.m. – 6:00 p.m., parents and/or students may pick-up "grab-and-go" type meals at Chelmsford High School located at **200 Richardson Road**. Any child/student/family in need of a meal may participate in this free program. Food will be provided curb-side – vehicles should enter the main school driveway and line up at the front of the school for service – please abide by on-site signage.

LOWELL

<u>Emergency Response Center:</u> Effective Tuesday, March 17, 2020 the City of Lowell has activated its Emergency Operation Center (EOC). The EOC will serve to assist Lowell residents in situations related to coronavirus and to provide immediate responses to inquiries related to the situation. 8:30 AM to 4:30 PM, Monday through Friday until further notice. The EOC can be reached by phone at <u>978-674-4052</u>.

Lowell Public Schools is offering lunch for students ages 2-18. Students do not need to be present to get meal-parents or neighbors can pick up. Lunch is served at the following school

- Bartlett School (11-11:30am), 79 Wannalancit St.
- Butler School (12:45-1:30pm), 1140 Gorham St.
- Greenhalge School (10:30-11am), 149 Ennell St.
- Lincoln School (1:30-2pm), 300 Chelmsford St.
- Moody School (12-12:30pm), 158 Rogers St.
- Murkland School (12:45-1:15pm), 350 Adams St.
- Pawtucketville School (12-12:30pm), 425 West Meadow Rd.
- Robinson School (11:15-11:45am), 110 June St.
- STEM Academy/Rogers* (10:30am-1 pm), 43 Highland St

Lowell Mental Health Crisis Team: 800-830-5177

Community Teamwork: https://www.commteam.org

General Emergency Line - 978-654-5607 CovidResponseCTI@commteam.org

Fuel Assistance & Heating System Repair - 978-459-6161 - FuelAssistance@commteam.org

WIC - 978-454-6397 - WICCovidResponse@commteam.org

Rental Assistance - 978-654-5726 - CTIRental Assistance@commteam.org

Youth Services - 978-905-7385 - CTIYouthServices@commteam.org

WESTFORD

WPS School Lunch during COVID-19

In order to support our Westford students in need, Westford Public Schools will be providing bag lunches to WPS students starting on Thursday, March 19, 2020 from 10am-12pm. Lunches can be picked up at Westford Academy. *Please be advised that the only food allergy that can be accommodated is gluten-free.*

Sign up at:

https://docs.google.com/forms/d/e/1FAlpQLSeBcA9oXjPsvGG6RoTPzHPXmvoO-k3NvkhE6Y3D88BppygIIA/viewform