



OCTOBER 30, 2022
THE SPIRIT BRINGS LIFE
ROMANS 8:1-11

1. The Facts: Sin leads to death.
2. The Problem: We are powerless against sin.
3. Our Hope: The Holy Spirit empowers life.

Reflection Questions:

1. *We've talked previously about the need for the biblical language of lament- where to turn, complain, ask and trust God with what is hurting our hearts. As you consider the reality of sin's long-term trajectory to death, is there anything you need to spend some time lamenting to God about?*
2. *Where in your life have you experienced what Paul says about his inability to stop sinning in Romans 7:18-19. (Or as recovery groups say in the 1st Step: "We admitted we were powerless over our addiction, that our lives had become unmanageable.")*
3. *Where might you ask the Holy Spirit to help you choose what leads to life? How can those in your journey group, (or a friend or spouse) pray for you about this?*